

Climate adaptation for nature



The UK Government has committed to halting the long-term decline of species abundance and protecting 30% of land and sea by 2030. Achieving this will require consideration of the impacts of climate change on wildlife and their ecosystems. This POSTnote summarises options to allow nature to adapt to a changing climate and ensure the long-term effectiveness of conservation strategies.

Background

The decline in UK biodiversity, the variety of ecosystems and species within nature and their interactions ([PN 617](#)), has been well documented.¹⁻⁴ The widespread social and economic impacts of biodiversity loss were highlighted in the Dasgupta Review.⁵ The UK Government has committed to halting this decline and protecting 30% of land and sea by 2030 (30x30).^{6,7} The 2021 UK Climate Change Risk Assessment highlighted the urgent need for adaptation measures for terrestrial, marine and freshwater species.⁸ The Third National Adaptation Programme for England, due in 2023, and equivalent plans in Wales, Scotland and NI, set out actions to address climate risks to biodiversity.⁹ A suite of biodiversity targets for England currently being consulted on include increasing species abundance by 10% by 2042.¹⁰ However, the Office for Environmental Protection (OEP) warned that the targets do not sufficiently consider climate risks.¹¹

To address long-term biodiversity decline, the UK Government's 25 Year Environment Plan (25YEP) for England, proposed establishing a Nature Recovery Network (NRN) to restore and create wildlife-rich habitats and enhance existing protected areas (PAs) (Box 1). The NRN's design will be based on recommendations in the 2010 Lawton report,¹² including that PAs need to be "more, bigger, better and joined up" to reverse

Overview

- Climate change will have impacts on the survival of species, their geographic range, and the condition of the areas they occupy.
- Conservation strategies to achieve nature recovery will have to consider these climate impacts if they are to deliver stated aims.
- Effective monitoring would enable a dynamic approach where conservation priorities are adapted over time as species and ecosystems respond to climate change.
- Minimising other pressures on wildlife can reduce the potential impacts of climate change and facilitate species migration.
- Strategies for climate adaptation include providing diverse conditions within ecosystems for wildlife, improving connectivity between these areas, restoring ecosystems, and moving species if needed.

biodiversity loss (Box 2).¹³ Public authorities are also expected to prepare and publish local nature recovery strategies (LNRS)¹⁴ to identify opportunities for ecosystem restoration to increase levels of biodiversity and realise wider environmental benefits ([PN 652](#)). It is important to note that, while the scientific principles are applicable across the UK, policy on nature conservation is devolved. As such, the framework for NRN and LNRS only applies to England with similar policies for Wales, Scotland and NI.

Conservation priorities may have to change to consider the impacts of climate change. For example, PAs may become climatically unsuitable for the species and features they were designated for but may become suitable for others.¹⁵⁻²⁰ Species composition within PAs may change as species' geographic ranges shift in response to changing climatic conditions and extreme climate events such as droughts,²¹ heatwaves,²² floods,²³ storms,²⁴ and wildfires.²⁵

Impacts of climate change on biodiversity

Climate change interacts with other stressors to drive ecological change ([PN 617](#)). Major impacts on UK biodiversity include:

- **Shifting distributions** - Many UK terrestrial species have shifted northwards or uphill.²⁶⁻²⁸ This is projected to continue with future warming but the speed of change varies between species.^{29,30} This could lead to the loss of cold-associated

Box 1: Designations of Protected Areas in the UK

The main PA designations are:

- **Sites of Special Scientific Interest (SSSI)** – designated to conserve wildlife, geology or landform features. SSSI designation is a devolved matter. They are equivalent to Areas of Special Scientific Interest in NI.
- **Special Protected Areas (SPA)** – designated under the Conservation of Habitats and Species (Amendment) (EU Exit) Regulations³¹ to protect habitats for migratory birds.
- **Special Areas of Conservation (SAC)** – designated under the same legislation as SPAs to conserve listed terrestrial, freshwater, and marine habitats.
- **Ramsar sites** – designated under the UNESCO Ramsar Convention as protected wetlands
- **National Nature Reserves (NNR)** – designated for public access and research. Their designation is a devolved matter. **Local Nature Reserves (LNR)** are designated by local authorities for local interest.
- **Marine Protected Areas (MPAs) - Marine Conservation Zones (MCZ)** – designated under the Marine and Coastal Act 2009 for threatened marine species and habitats. Defra is consulting on **Highly Protected Marine Areas (HPMAs)** where “destructive” fishing and dredging activities will be prohibited.³²
- **Areas of Outstanding Natural Beauty (AONB) and National Parks** – designated under the National Parks and Access to Countryside Act 1949 for natural beauty, cultural heritage, and recreational purposes. They are equivalent to National Scenic Areas in Scotland

species but a net gain of mobile species spreading north from Europe.^{30,33} The range of some freshwater fishes may contract,³⁴ but the pattern is less clear due to interactions with local water quality (PN 661).^{35,36} Marine species have shifted to colder regions six times more quickly on average than terrestrial species.^{37,38} Invasive non-native species may increase in abundance and some species could become invasive under higher temperatures (PN 673).^{39,40}

- **Disrupted life cycles** - changing weather patterns alter the seasonal timing of species’ life cycles and can lead to ecological mismatches^{41–44} (such as flowering date and availability of pollinators^{45,46}). Projected reduced summer river flows across the UK,²¹ may negatively impact freshwater ecosystems.^{47,48}
- **Lower survival rates** - extreme climate events can affect species survival at all life stages,^{49,50} and cause damage to ecosystems they rely on. For example, sensitive butterfly species experienced population crashes during past droughts,⁵¹ and local extinctions may occur as droughts become more severe.⁵² Climate change may result in more persistent marine heatwaves⁵³ affecting species such as shellfish (PN 604 and 651).^{54–56}
- **Habitat loss** - for example, sea level rise will affect coastal habitats through saltwater intrusion and erosion. Low-lying intertidal habitats, such as saltmarsh and shingle, are vulnerable to ‘coastal squeeze’ between infrastructure and rising sea levels (PN 647).^{57,58}

Adapting management to climate change

Traditional conservation objectives tend to be static, such as maintaining species and ecosystems in a particular area.^{20,59–61} PAs have legally designated features, habitats or species over specific geographic areas that give them their scientific interest,⁶² which constrains what management options can be

Box 2: Ecological resilience

There are differing definitions of ecological resilience (PN 543). Researchers distinguish between:^{63,64}

- **Resistance** – the ability of species or ecosystem functions to remain stable under climate change.
- **Recovery** – the ability of species or ecosystem functions to return to a pre-disturbance state.
- **Resilience** – A combination of resistance and recovery, including the ability of species or ecosystem functions to recover from disturbance and absorb change.

applied.^{59,61,65} However, there is increasing evidence that active management targeted at vulnerable species can help reduce the impacts of climate change on them.⁶⁶ Given the uncertainty in the speed and magnitude of climate impacts, researchers recommend adaptive management to re-evaluate management options over time, notably when objectives change.^{60,67–69} Ecological responses to climate change are dynamic and adaptive management requires sufficient monitoring to inform approaches at both the site and network level.^{70,71} Adaptive management approaches currently in use include:

- **Resist-Accept-Direct (RAD)** - this framework (Box 3) classifies climate adaptation options (see next section) into three strategies along a continuum with increasing acceptance of ecological change.^{72–74} Natural England is considering using the RAD framework to inform the choice of adaptation options over time.⁷⁵ Somerset Wildlife Trust is adopting the RAD framework to plan for the possible transition of mature woodlands to wood pastures with fewer trees due to increasing impacts of extreme climate events.⁷⁶
- **Adaptation pathways** – this approach (Box 4) is a planning tool co-created with stakeholders to map out different routes to achieve a defined objective.⁷⁷ Different pathways and options to achieve favourable outcomes (such as increasing species abundance and genetic diversity) are considered. This includes evaluating trade-offs with other sectors such as electricity generation and water supply.⁷⁸

**Conservation options for climate adaptation
Improve management of existing PAs**

PAs may facilitate range expansion or movement for species’ populations if high quality habitats are available.^{79,80} The Environmental Audit Committee recommended that only effectively managed PAs should count towards the 30x30 target.⁶⁷ Although 28% of total UK land area is under protected status,⁶² only 11.4% is primarily designated for conservation. As around only half or less of this meets “favourable condition” status,⁸¹ nature is only effectively protected in ~5% of the total land area.⁸² If conservation is prioritised in AONBs and National Parks to sufficiently improve the quality of habitats, their large size may significantly increase the area effectively managed.^{16,83}

Minimising other pressures can increase biodiversity’s resilience to climate-related shocks.^{60,84,85} For example, restricting bottom towed fishing in the Lyme Bay MPA enhanced the ability of coastal reefs to recover after winter storms.⁸⁶ However, most of the UK’s MPAs have yet to fully implement management plans or place restrictions on bottom towed fishing.^{60,61,87,88} Sustainable land management (PB 42) and catchment-based approaches (PN 661) can mitigate non-climate pressures, such as pollution and over-abstraction of water resources (PB 40).

Box 3: Resist-Accept-Direct (RAD)

The three sequential options of the RAD framework are:

- **Resist** change by preserving historical and current conditions. The persistence of designated features is the dominant management objective within NNRs.^{65,89}
- **Accept** change by accommodating new species and ecosystems. This could include accepting that local losses may be inevitable⁹⁰ but could be tolerated if the species thrive elsewhere.⁹¹
- **Direct** change by proactively directing transition to a new ecosystem state compatible with future. Some researchers have described this approach using such terms as facilitate or transformation.^{63,91,92}

For example, at the southwest Wales Bosherton Lakes NNR, a rare shallow freshwater marl lake system,⁹³ Natural Resources Wales (NRW) aims to maintain habitat persistence by extensive catchment management to limit nutrient runoff and manage external pressures in the short term.⁹⁴ In the medium term, NRW aim to enhance protection of certain sections of the lake system and reduce management efforts at the most vulnerable sections if the speed of sea level rise accelerates and if water quality changes significantly due to low water levels and warmer temperatures.⁹⁴ In the long-term, NRW plans for a managed transition to allow parts of the Bosherton Lakes NNR to transition to brackish conditions with further sea level rise.⁹⁴

Practitioners suggest a more joined up approach, with the objectives of the NRN informing policies,⁹⁵ such as the Environmental Land Management Schemes (ELMS)⁶⁷ and the new Land Use Framework for England.⁹⁶

Ensure diverse conditions within ecosystems

Microclimates, localised climatic conditions arising from a diversity of landform features, form safe havens for species despite declining climate suitability.^{97–99} Research showed that the extinction risk of threatened UK plants, butterflies and insects can be reduced by protecting diverse habitat features, such as dips and hummocks.^{100–102} The Banking for Butterflies project in Bedfordshire created artificial multi-directional shelters to maintain microclimates.¹⁰³ Diverse ecosystems can help rare species constrained by narrow geographic ranges to overcome negative land use and climate impacts.^{104,105} For example, cold-associated upland birds and plants are likely to increasingly rely on cooler north-facing slopes.^{106,107} Tree planting on river banks can provide local shading and maintain areas with cooler river temperatures for freshwater species.^{108–110} Protecting deeper waters can also help retain marine species shifting their geographic and depth ranges.¹¹¹

Improve connectivity for species movement

Existing terrestrial PAs protect semi-natural habitats and are targets for species shifting their ranges.^{79,112–115} However, more connected PAs are likely to have higher species richness.^{116,117} One application of decision support tools is identify the configuration of measures to maximise species dispersal.¹¹⁸ These can include Other Effective area-based Conservation Measures (OECMs) (Box 5) or measures that deliver.^{59,119}

- **Ecological corridors** – space between PAs to allow species to move, forage and reproduce, and for the flow of genetic material. This includes landscape features such as hedgerows. CPRE is calling for a 40% increase in the UK's hedgerow network extent by 2050.¹²⁰

Box 4: Adaptation pathways

The adaptation pathways approach is a scenario planning tool widely used in water and flood management.^{77,121,122} It identifies critical thresholds beyond which additional actions or alternative management approaches are needed.⁷⁷ The cost and benefit for each pathway after reaching a tipping point reflects the socially acceptable cost of certain actions and the level of risk individual stakeholders are willing to take.¹²³

Adaptation pathways have been developed in the UK to map out management actions over time to protect coastal communities from sea level rise.^{123,124} For example, if the frequency of waves overtopping coastal defences exceed a threshold, maintaining or upgrading them may not be sustainable ([PN 647](#)).¹²³ The "Adapting the Levels" project co-created pathways with local stakeholders at the Somerset Levels and Moors Ramsar site.¹²⁵ Pathways showed that local water and soil management may become unsustainable beyond a 30% increase in rainfall. Then measures such as redirecting river reaches and converting arable land to wood pastures are more acceptable pathways.¹²⁵

- **Buffer zones** – transitional areas around PAs with nature-friendly land use. For example, NatureScot is enhancing the ability of montane willow scrubs to disperse across disparate PAs by varying grazing levels and created fenced areas in the intervening landscapes between PAs.¹²⁶
- **Stepping stones** – smaller, separated areas of habitats designed to connect core PAs. Stepping stones, such as farmland ponds to allow aquatic species movement,¹²⁷ strategically located to encourage north-south movement are particularly effective to improve overall connectivity.¹²⁸

In freshwater ecosystems, physical barriers such as dams and culverts impede latitudinal (up- and down-stream) and lateral (channel and floodplains) movement of freshwater species.^{129–131} However, ecologically friendly culvert designs and other Green Infrastructure ([PB 26](#)) can reinstate the natural river flow regime, reduce flooding and enable fish movement.^{129,132} The Environment Agency River Obstacles database maps large barriers on major rivers,¹³³ which has been used in projects, such as to improve eel migration in the Thames catchment.¹³⁴ There remains a lack of data for structures in smaller streams, limiting understanding of their impacts on connectivity.¹³⁵

There is also a need to enhance connectivity across administrative boundaries. Researchers highlight the need to align local priorities with regional targets to avoid maladaptation or missed conservation opportunities ([PN 652](#)).^{60,95} Issues may also arise for cross-border PAs, such as wetlands between Northern Ireland and the Republic of Ireland.^{136,137} A Natural England project is evaluating how PA legislation can be effective under climate change, such as adjusting designated features over time.^{59,138} For MPAs, marine spatial planning in England considers the ability of organisms and material, such as nutrients, to move between them ([PN-388](#)).^{60,139} A UKRI funded project is looking at how marine spatial plans may change due to near term climate change.¹⁴⁰

Ecosystem restoration

Ecosystem restoration can prevent or delay species loss, particularly at their southern range.^{66,141–143} For example, the

RSPB enabled the expansion of Bitterns by creating inland reedbeds to reduce their dependency on coastal sites vulnerable to sea level rise.^{144,145} Ecosystem restoration approaches are varied ([PB 48](#); [PN 678](#)). Management objectives influence the approach to restoration from intensive restoration of sites to a historical state to minimal intervention approaches such as rewilding ([PN 537](#)).^{146–148} Restored ecosystems support larger species populations,¹⁴⁹ even if the primary objective is other than conservation.^{150–152} For example, restoration of kelp forests to increase carbon sequestration ([PN 651](#)) also provides storm protection and economic benefits for fisheries.¹⁵³ Other restoration to increase carbon sequestration include tree planting ([PN 636](#)), peatland ([PN 668](#)) and saltmarsh restoration ([PN 647](#)). Ecosystem restoration is also key to maintaining long-term water quality and quantity, such as wetlands restoration ([PN 661](#)),^{154,155} and beaver reintroduction.^{76,156} The Well-being and Future Generations (Wales) Act includes goals for restoration to benefit climate mitigation, nature recovery and social wellbeing.¹⁵⁷

However, there may be limits to the role of restoration.¹⁵⁸ For example, groundwater levels at wetlands in southern England, including those recently restored, are projected to reduce with climate change, creating difficulties for the long-term maintenance of water levels.^{159–161} Sites drying out lead to changes in vegetation and coastal sites may transition to brackish conditions with sea level rise.^{89,159}

In addition, there are evidence gaps. For example, Forest Research recommends increasing species and age diversity within woodlands for climate resilience,¹⁶² but the best mix of woodland species to improve resilience to extreme climate events is unclear.¹⁶³ In addition, tree planting should consider the impacts of climate change to avoid unintended consequences,^{151,152} such as taking up water and exacerbating future droughts in some areas.¹⁶⁴ Native tree species such as beech may struggle from increasing drought severity in southeast England despite its climate mitigation potential ([PN 636](#)).^{165,166} Commercial forestry near open and semi-open habitats can also negatively affect climate adaptation measures for priority species such as upland birds.^{142,167}

Translocation and assisted migration

Translocation is the deliberate movement of species to alternative habitats with more suitable climatic conditions.^{168,169} The circumstances under which management should actively translocate species for climate change adaptation is unclear. Some researchers suggest that translocation should be a “last resort” if a species is unable to survive in existing habitats, expand their range naturally or where there is limited habitat creation potential.^{84,90} For example, alpine lichens in the Cairngorms were translocated to overcome their limited range in anticipation of future impacts.¹⁷⁰ Translocation of rare species, such as those on the IUCN Red List,^{91,171} as a last resort may be expensive but may be the only way to prevent national extinction. Some researchers also advocate moving widespread species beyond their known ranges in the recent past.¹⁷² For example, translocating butterflies from continental Europe to supplement decline of their richness in southern England.⁹¹ The Wildlife and Countryside Link recommends

Box 5: Other Effective area-based Conservation Measures (OECMs)

OECMs are areas other than a designated PA that can deliver conservation outcomes equivalent to those provided by PAs through:^{16,173–175}

- Management where conservation is not an objective, but biodiversity outcomes are realised as a side effect, such as nature-based solutions for carbon sequestration ([PN 617](#)).
- Conservation designated as a secondary objective.
- Conservation as the primary objective, but not formalised as a designated PA.

The ambition for OECMs to contribute to 30x30 is reflected in the Nature Recovery Green Paper,⁷ but they are currently not formalised in UK policy guidance for practitioners.

defining in law a “Favourable Conservation Status” for species and to provide guidelines and parameters for when interventions are taken.¹⁴³

Functionally diverse ecosystems, where species support a range of ecological functions, such as decomposition and nutrient cycling, have greater climate resilience.^{148,176,177} Translocating native species may retain the functions provided by climate-threatened species,¹⁷⁸ and translocating non-native species may replace lost functions.⁹¹ However, the impacts to overall biodiversity from introducing non-native species is unclear.^{179,180} Translocation may be costly and its effectiveness relies on well managed and connected recipient ecosystems.^{138,181} The Scottish,¹⁸² and English¹⁸³ guidance for conservation translocations provide guidelines to minimise the risk of invasive species ([PN 673](#)) and potential pests and diseases.

Monitoring conservation outcomes

Indicators used to monitor progress in climate adaptation reflect different priorities such as maintaining species persistence or facilitate ecological change.^{71,184} For example, if the objective is to adapt to change, indicators of both native species and overall abundance are needed as native species may decline but overall abundance may increase.⁹¹ Indicators can also assess whether overall pressures on biodiversity are reduced ([PN 644](#)). Possible indicators can be separated into:¹⁸⁴

- **Process-based** – track the conditions and actions needed to enable short-term responses to adaptation (such as PA extent, habitat quality and change in connectivity¹⁸⁵).
- **Results-based** – assess effectiveness of conservation, restoration, and adaptation over long time frames against different scenarios (such as species persistence, ecosystem functions or total species abundance). For example, comparing sites with and without measures can determine baselines in the absence of adaptation actions.¹⁸⁶

However, the long-term effectiveness of measures are rarely assessed because of the lack of detailed records and the time lag between implementation and response.^{71,187,188} The RSPB recommend that legally binding targets and expanded funding for monitoring in PAs are needed.¹⁸⁹ Improving habitat and species representativeness,^{190–194} in PAs and long-term datasets, can monitor new species arrival¹⁹⁵ and avoid underestimating extinction risk.¹⁹⁶ Marine¹⁸ and terrestrial¹⁹⁷ sentinel sites with minimal human influences can also monitor change and provide early warning of future threats.

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